HUNDRED FLOWERS

LIBERTY 25¢ 1970

VOLUME I NUMBER 24

NORTH COUNTRY

FRIDAY, OCTOBER 16, 1970

LET A HUNDRED FLOWERS BLOSSOM—LET A HUNDRED SCHOOLS OF THOUGHT CONTEND

-LAO TSE AND MAO TSE TUNG

THE EAST IS RED
THE WEST IS READY!

This grand exhibition of life-size clay figures takes its setting from the former rent collection courtyard of Liu Wen-tsai, a tyrannical landlord of Tayi County, Szechuan Province in southwestern China. It recreates a profound, vivid and truthful picture of the raging class struggle in old China's countryside.

WORKSHOPS

BLACK PANTHER PARTY

Members of the newly formed Minnesota Branch of the Black Panther Party for Self-Defense met with almost a hundred members of the Conference to explain local problems in organizing and the general philosophy behind the Black Panther Party.

They expressed a desire to work with White Revolutionaries in building a socialist America.

Recognizing the need for further communication, the Workshop agreed to continue meeting in the future for mutual political education. The first meeting was Tuesday, but there will probably be more.

ALTERNATIVE TACTICS

The Alternative Tactics Workshop sponsored by the Minnesota 8 Defense Committee, discussed various alternatives to the traditional tactic of the movement: the Mass March.

The Workshop began with a ~~lengh~~
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The Workshop began with a lengthy discussion about the political effects of the recent bombings. Some criticized the bombings as politically harmful because they seldom have had widespread public support. Others felt that the bombings are a logical extension of the growing resistance movement in America. Most participants felt that many students and workers could unite on the issue of community control, but, again, thre w
there was disagreement over the implementation of community control programs. The possibilities ofmass civil disobedience were discussed. Some felt that such tactics (sit-ins, occupations, etc.) had already been used during the Civil Rights struggle and had proved ineffective. Others, however, felt that actions of mass civil disobedience should be reconsidered as viable tactical alternatives.

It was generally agreed that the movement must maintain flexibility in considering alternative tactics, while not necessarily eliminating Mass Marches.

The Workshop spent some time considering how the movment chou
considering how the movement could best respond to the Peace March of October 31st, the trial of the Minnesota 8, and the tentative May 1st Plan proposed by Rennie Davis at the National Student Assn. Convention to close down Washington D. C. if the War is not over.

FREE SCHOOLS

The only people who came to this workshop were people who were already involved in Free Schools, so no new projects came out of this group.

The meeting was useful, however, in comparing problems and solutions to educational alternatives.

The group agreed to meet again (and perhaps continually) but for women only. It was felt that at this time it is important for the men to meet separately to deal with their own male chauvinism.

GAY LIBERATION

The workshop rewrote the 10th point of the North Country Liberation Front Program ("We will also struggle for the liberation of gay people and the redefinition of dominant sexual concepts").

Additions to the program dealt with what workshop participants felt was the ultimate goal of Gay Liberation--to do away with sexual roles such as homosexual and heterosexual.

CENTRALIZED INFORMATION SERVICE

Prior to the North Country Conference, brothers and sisters had been discussing the need for a centralized information service and had been meeting collectively and individually over the idea, in some cases, for months. The Conference then was another opportunity for these people to meet.

The Centralized Information Workshop began with a discussion of the functions of a movement information service: providing a center of information for the movement; directing people new to the movement towards projects, activities or services they are seeking; and just having a place where people can come to find out about their community first-hand.

Financing may (as always) pose more of a problem than anticipated. For the service to operate efficiently at least two lines would be essential. For example: while taking an incoming call it will often be necessary to call out on another line to confirm or check out possibilities for the caller.

A south Minneapolis storefront which could be shared with other collective projects is one possibility for locating the service. Church basements or offices in other movement buildings were also mentioned.

The now loosely organized collective will continue to meet frequently to co-ordinate information and tasks.

WOMENS LIBERATION

Some good breakthroughs.

Men were admitted to the Workshop, and they found out firsthand the problems contributing to the oppression of women in our society.

Some of the people in the group announced that meetings are being held for women on a regular basis, and men are cordially not invited to attend these meetings.

The workshop on ecology action centered mostly around the opening of the new Environmental Action Center. The Action Center is located downstairs in the United Ministries Bldg. just out of Dinkytown on 4th St. (1209 4th St. SE). The phone is 378-1313. The Center should serve as a "clearing house" for environmental projects, i.e. the Center will be a means for bringing together people who have projects and ideas in mind which need volunteers, and people who wish to volunteer their time.

Projects where organizational work has already begun are:

- Investigation of the monitoring system for pesticides and radioactive wastes in food and milk.
- Working to improve bicycle transportation in the Twin Cities
- Working to set up more recycling processes
- Opposing freeways and building mass transit (beginning by stopping the present freeway plans for 35W in Southeast and Westbank)
- Writing a household ecology guide
- Pushing for proper eco-planning in the Metro area

These are some projects which are already being planned. If you are interested in working please contact the Action Center. They can provide you with more information on what the projects involve and tell you exactly what the set-up is. Go and see them, just to rap if nothing else. Also if you want to set up your own project, they can help to find people who want to work with you.

In Genesis the Astrological sign Libra is represented by Issacher: Issacher is a strong ass crouching down between two burdens--Genesis 49. Thus the symbol for Libra was not the scales, "the balance," but the struggle for balance, the strugl struggle for Justice.

Thus Libra became the time chosen for our fist
for our first gathering of the tribes of North Country. The time we begin our struggle.

The Conference began Friday and ended Sunday. Almost two hundred people were present.

What happened during those three days? . . . It's hard to say. We talked together, we ate together, we worked together.

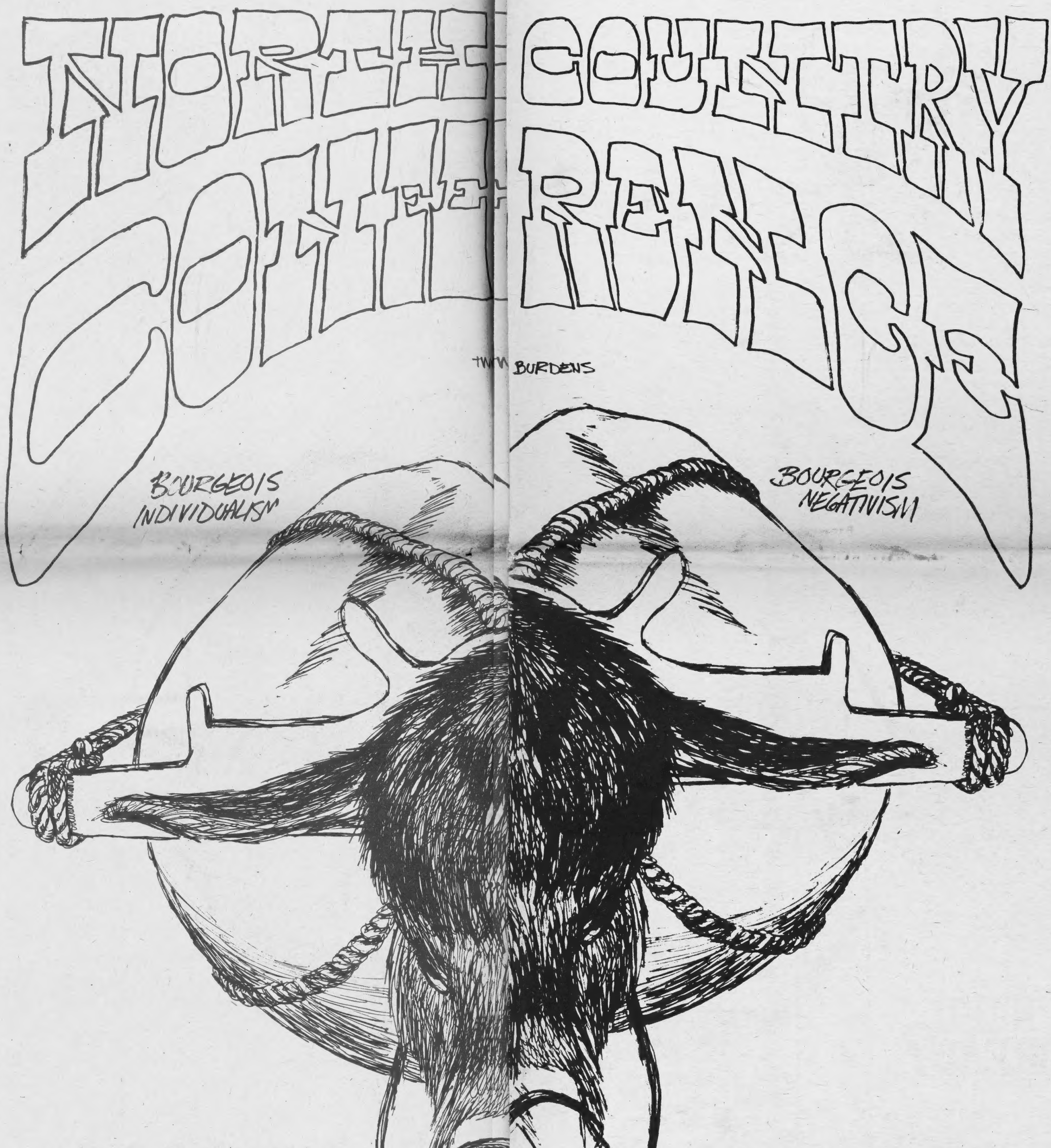
Some of us learned a few things. Some of us confirmed things we already knew. But most of all, it was a beginning.

Several projects began as a result of the Conference. A political education study group developed, maybe another Peoples Pantry will be started and a movement information central became a step closer to reality. Solidarity increased with our brothers, the Minnesota Eight. But the real results of the Conference will become evident as time progresses. If we begin to respond to the needs of our brothers and sisters and recognize their needs as our own, the Conference will have succeeded. If we have developed an increased awareness of our responsibility to support our people in our struggle, it was a success. If we became a little more together and a little less alone, then it was indeed a success.

Yes, it happened. It will happen again and again. It must. There are many issues that divide us, but there are many issues that bring us together. We must begin now to build on these issues. In two weeks our brothers the Minnesota Eight will go on trial for attempting to commit an act that every one of us knows was correct. Do we cinsider that they alone are on trial or do we accept that we are indeed "We."

Our success or failure can only be judged by our actions. I hope that the struggle we begin now will develop and mature and that when we meet again, we will look back at this conference as a giant step towareds the liberation of our selves and our people.

--Marly



the foolish old man who removed the mountains

There is an ancient Chinese fable called "The Foolish Old Man Who Removed the Mountains". It tells of an old man who lived in northern China long, long ago and was known as the Foolish Old Man of North Mountain. His house faced south and beyond his doorway stood the two great peaks, Taihang and Wangwu, obstructing the way. He called his sons, and hoe in hand they began to dig up these mountains with great determination. Another greybeard. known as the Wise Old Man, saw them and said derisively, "How silly of you to do this! It is quite impossible for you to dig up these two huge mountains." The Foolish Old Man replied, "When I die, my sons will carry on; when they die, there will be my grandsons, and then their sons and grandsons, and so on to infinity. High as they are, the mountains cannot grow any higher and with every bit we dig, they will be that much lower. Why can't we clear them away?" Having refuted the Wise Old Man's wrong view, he went on digging every day, unshaken in his conviction. God was moved by this, and he sent down two angels, who carried the mountains away on their backs.

Today, two big mountains lie like a dead weight on the American people, one is bourgeois individualism, the other is bourgeois pessimism. The people have long made up their minds to dig them up. We must perservere and work unceasingly, and we, too, will touch God's heart. Our God is none other than all of the people. If they stand and dig together with us, why can't these two mountains be cleared away?

adapted from an Ancient Chinese Legend by Chairman, Mao tse Tung and re-adapted for this Conference

HONEYWELL PROJECT

The Honeywell Project Workshop discussed the Project's plans for the coming year and brought out some ideas for doing it. Generally, the thoughts focused on Honeywell's irresponsibility to this community shown by its failure to reconvert its wasteful and immoral weapons production to produce things to fulfill the needs of our community. Anyone who lives in the Twin Cities can see through the rising haze and jammed freeways the need for a non-polluting mass transit system. With over 10,000 homes destroyed in the last 10 years and replaced by too few pasteboard and plastic apartment buildings, people are asking why our public funded moon shot technology can't provide us with decent low-cost housing.

Honeywell's technology could be used to fulfill these needs. Instead, when the war business fluctuates, the company lays off 2,500 people to keep the profits up. After being subsidized by community tax dollars to the tune of over $300 million dollars a year (37% of their sales) and having corporate taxes slashed wile
co
corporate taxes slashed while we pay their sales tax, some people are questioning what we're getting (and it looks more and more like the lean end of a raw deal).

It's come time for the community to demand a say in the decisions of the giant corporations we subsidize and who turn their backs on our needs.

NEW SERVICE PROJECTS

A Parent's Cooperative Day-Care Center is being established on Saturday at Grace Lutheran Church. Contact Linda Sisson or Judy Galt for further information. They want to set up Day-Care for children of all ages for mothers in all conditions (professional and home-style).

A Craft Center is being set up to get needed materials to the growing number of craftsmen and women in the area. Spacecraft Candles are taking the initiative in finding a building and organizing the trip. They've found what may be a good building at 26th and Bloomington, an old Drug Store. Watch for further developments.

Hevy Gunz is hoping to set up a Co-op Recording Studio to serve the musicians in the area who want to record their things at reduced rates. They're looking for a building and are presently in Tom Olson's basement. They're going to release the "North Country Sampler" sometime before Christmas (praise God!), you remember . . . the extravaganza at the Depot this summer for the Minnesota Eight.

PEOPLES MEDICAL

The Peoples Medical Committee for Human Rights has emerged as perhaps the best source for people to learn skills in medicine to serve the people. Call peoples Co-op 332-4973 and ask for Jim Belka for details.

Natural Childbirth was discussed and Lucy Cutler suggested that we stop having our babies lying down (which is done as a convenience for the doctor) and start squatting (the old, tried-and-true trip).

The plans for a new General Hospital should be reviewed by as many people as are interested. Contact John Anderson of Thorson and Thorgaard Architects.

Nutrition was interesting--stop eating white sugar and meat (also, stop cooking your food, say the "eat-it-raw-extremist-wing").

Food Distribution Workshop

The people at food distribution workshop rapped about existing programs and services and the possibilities of starting new programs.

Georgeville Commune gave an agricultural report and talked about the possibility of increasing their crops to supply city folk with organic veggies. It would be groovy to have city dwellers come out to help with the planting and harvesting. This idea could develop into a agricultural brigade.

Along the some lines, for people who are interested in getting into farming, Minneapolis is surrounded by subsistant farmers who might take on hired hands for room and board and more importantly the invaluable learning experience and the opening of communication with our brother farmers

The People's Pantry hopes to expand into new branches. One possible location is a vacated drug store at 26th Ave and Bloomington. This place could develop into an informational and crafts Center. The Cedar-Riverside Co-op would be the Centralized pantry buying and distributing many of the bulk commodities like whole wheat flour, honey, and rice at cost when more People's Pantries are set up.

The folks at True Grit see their role more as a political effort to undermine the capitalistic system by buying at cost and selling at a minimal profit rather than stressing health foods though they do carry brown rice, whole wheat flour, soy beans etc. True Grit possibly is into expanding into a vacant grocery store building on Riverside.

Ecology Co-op reported that they will be opening soon in the basement of the Untied Ministries Building (1209- 4th St. S.E., Dinkytown) for distribution of pure organically grown foods as cheaply as possible

Cooking School-a possible project for turning men and women on to natural healthful food preparation and recipes. Could meet a couple of days a week in a house or church kitchen.

Health Food Restaurants and bakeries are needed. Several people are looking into this but nothing has ~~g~~ gotten together and definite location and people are needed.

Organic Gardening Info - can be found in the Environmental Library in the basement of the Southeast Pu Public Library (1222 - 4th St. SE.)

People interested in these projects or other new ideas can get in touch with Lucille or Debby at Hundred Flowers (824-4760)

ALTERNATIVE MEDIA

Strike Film Co-op met with Hevy Gunz and worked out joint problems.

HUNDRED FLOWERS disclosed it will be seeking a building and a three unit web-fed, photo-offset newspaper press in the near future. This will give all of us the potential for printing newspapers. Now there are over a dozen underground newspapers in the state and about a half a dozen in Minneapolis. We need a press at this time to stop our dependency on the opportunistic charity of the middle-class that controls our freedom of expression.

Indian Wild Rice Festival

Buffy Sainte-Marie will be coming to South High School this Sunday at 5:00 for the American Indian Movement's "Wild Rice Festival"

The American Indian Movement is sponsoring a "Wild Rice Festival" this week-end at the new South High School.

They are expecting thirty-four tribes from fifteen states to participate. The program opens Friday evening at 8:00. A full schedule of events will be available at South High School, 3131 19th Ave. So., or by calling the American Indian Movement (AIM) at 333-8020.

Red Power from across the Land will be there: Representatives from the successful Alcatraz Occupation; Lee Brightman of the United Native Americans; Russ Means and staff from the Cleveland American Movement; the Native American Committee of Chicago; and eleven chapters of AIM. Non-Indian participants are urged to attend.

It has always been the custom of the Indian to invite the White Man (and woman, and Black and Brown) to attend his cultural activities. For three hundred fifty years they have tried to communicate to foreign visitors their ancient and venerable traditions--it is not too late for us to listen.

Ed Benton, Chairman of the Festival and worker with the local AIM Chapter, says about the current stage of Revolutionary Struggle: Now we have flung-off from each other, but we must touch. We travel a unilateral course. When the day comes we will meld into one Cause.

Two issues that strongly affect the Indians of North Country are housing (more than any other group they suffer from the lack of low-income housing) and Cultural Genocide (they ask for an All-Indian School where their children can learn their true heritage free from the prejudices of Imperialist Masters).

Entertainment for the three-day Festival will be provided by Floyd Westerman and his Country-Western-Folk Band.

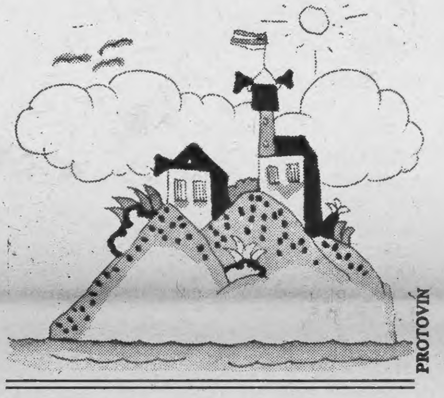
Buffy Sainte-Marie has promised to come and play Sunday evening at 5:00.

Saturday and Sunday will be given over to Indian Dance Ceremonials.

Should be a wonderful time.

ALAN COPELAND/PHOTON WEST

A new sense of hope



PROTOVIN

and the Alcatraz Indians will be there

HUNDRED FLOWERS

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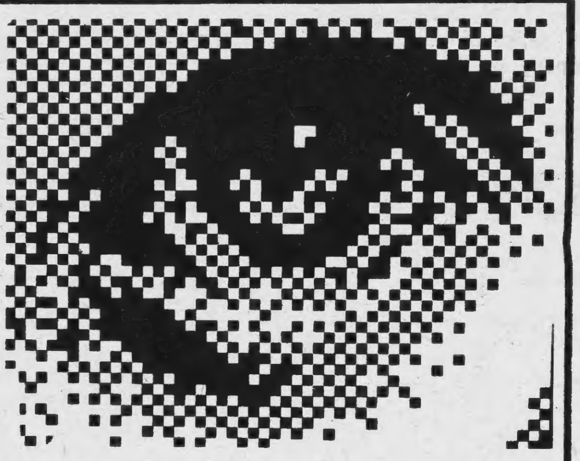

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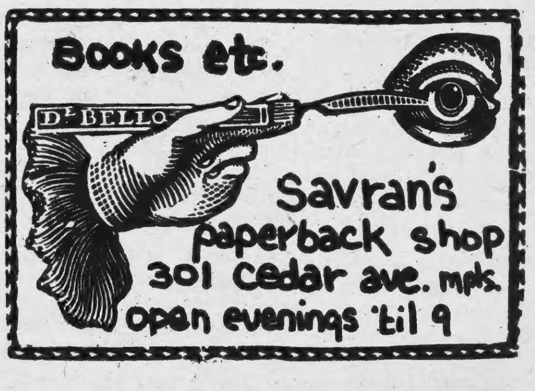

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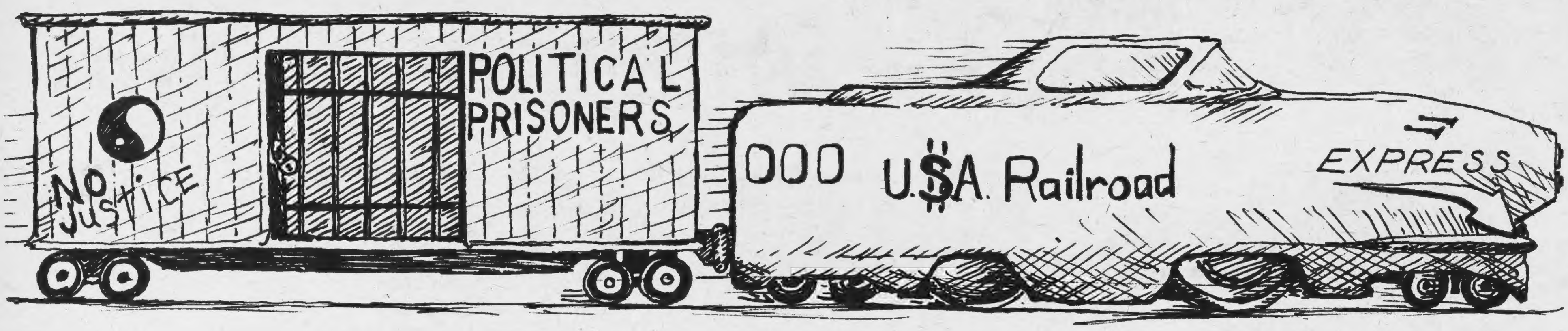


MINNESOTA EIGHT

VS AMERIKAN JUSTICE

Fascism, the dictionary tells us, is a government characterized by "severe social regimentation and forcible suppression of opposition."

Few institutions in this society fit this description better than Judge Edward Devitt's courtroom. At Monday's arraignment of six members of the Minnesota 8 here were as many as 20 federal pigs regulating and watching the spectators.

In Devitt's courtroom doors are locked at 9 am for this case; inattentive sitting positions, such as sloughing, are forbidden; hallway conversations are closely listened to; some people are followed into the bathroom; most people (& all freaks) are checked as they enter the building; and all are photographed as they leave the building in which the hearings take place.

These guys aren't the stereotype, high school educated run-of-the-mill cops on the street.

They're the coat-and-tie, college-degreed, intelligent agents responsible for such humanitarian niceties as "Bail should have been raised to $75,000" and "I don't *know what kind of school Moos is* running over there, but I'd never send my kids there." (Let's hear it for the liberalizing influence of their college degrees)

Worse than the marshalls (but worse only because of his greater power) is the Nixon-appointed Federal D.A., Robert Renner, who is prosecuting the case himself.

Renner fought an affadavit of prejudice seeking to disqualify the judge because of personal bias; it was an almost unheard-of action in the history of such motions.

Renner is the man who requested the pre-trial bail of $50,000 and brought the original charge of attempted sabotage against the defendants checked at the Federal Marshalls office every day as a condition for bail release. He's a former legislator with great political ambitions. A quick, weakly opposed conviction would brighten his future tremendously.

Judge Edward Devitt, the chief pig, is more than happy to olbige in his tactics. He is a smart Julius Hoffman, contributing as much to the prosecution as Renner himself, but at the same time very careful to do it "by the book" without reversible error. Last week, he gave his six defendants seven days to file the same motions for which Judge Neville had given earlier the other two defendants sixty days. By this Monday, the end of the seven days, someone apparently had reminded him that the mininmum time for pretrial motions in federal court is 10 days from the day a plea is entered.

Pleas were entered this Monday, and when attorney Ken Tilsen again asked for 60 days, Devitt decided to be generous, and gave the defendants 14 days to get their shit together.

The defendants had expressed their intention to bring Len Weinglass into the case as their second attorney. Apparently they shouldn't have told Devitt. Without knowing the lawyer's schedule, Devitt ordered that Weinglass either appear before him this Friday or forget about entering the case at all.

Brad Beneke, defending himself, called Devitt a "pompous ass" last April during another trial.

For that he got a 10 day contempt sentence. Because of the incident Brad filed an affidavit of prejudice, hoping to get a less blatantly biased judge.

But strangely enough Devitt has the power to decide his own guilt. On Monday he ruled that he was impartial.

When pleas were entered Chuck Turchick refused to say guilty or not guilty. Instead, he gave a rap as to the reasons for his refusal.

Chuck stated that the entering of a plea would be lending tacit endorsement to the judge-defendant roles imposed by the court and that he, Chuck, could not endorse any but a human-human relationship.

Chuck also apologized for standing for Devitt's entrance and exit. Chuck explained that his standing was caused by fear, rather than by respect, and that such circumstances were sorry indeed (check back on the definition of fascism).

Devitt's response was one of stolid hostility. He listened to the rap apathetically and then asked that other such raps be kept short.

A few minutes later he told the spectators that anyone who made a sound would be forcibly ejected by the marshalls.

The Minnesota 8 are in every sense being legally railroaded into jail. All defense motions to date have been opposed by Renner and denied by Devitt.

The next arraignment before Devitt is Monday, October 26. Motions ofconsolidation,and possibly others will be entered at that time, but the defense isn't expecting any improvement in Devitt by then.

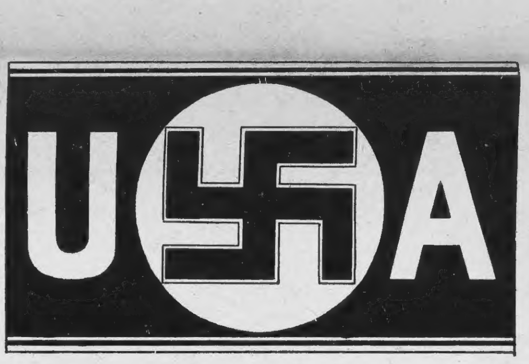
It is clear that there is little difference (if any) between the prosecutor of the case and the judge. Devitt stated that he would like some of the '8' to begin trial in early November, probably an earlier date than even Renner had hoped for.

Devitt, Renner and the Federal marshalls and agents are all on power trips, and all use their power at every opportunity to fuck over the '8' and their supporters. But it should be noted that their actions are caused more by fear on their part than by anything else. They fear what the Minnesota 8 stand for and even more, they fear the support for the '8' that is latent in this community.

They want to intimidate and/or head off any mobilization of this support. They know probably better than many movement people that the real jury for the Minnesota 8 will be in the streets, not in the jury box.

If they are successful in their suppression of defense support, the '8' will be in jail before the end of the year. If they are unsuccessful, it will be a great victory for the radical movement.
POWER TO THE PEOPLE

--R.J. Ole



DULUTH BROTHERS 'Gestapoed'

Duluth is like a lot of towns its size: quite a few freaks, not terribly together.

On May 1st Pat Cross, a three-year resident of Duluth, opened the town's first head shop with help from some friends.

The store was called the Spoon, and both freaks and straights soon recognized its community-building potential.

Regular hassles from the heat made for a long summer at the Spoon. Under the pretense of searching for a specific person, police harassed anyone (sometimes everyone) in the shop, asking for I.D.s and snooping around for something suspicious.

Once Bruce, who was minding the counter, asked the cop for his I.D. It had expired at the end of 1969, and Bruce said so.

"What? Gimme that!" said the officer, grabbing and ripping Bruce's shirt. The badge fell on the floor, the officer grabbed it and walked out.

Bruce filed assault charges against the pig; a week later he was charged with disorderly conduct.

Pat and Fred (who also worked at the shop) were sound asleep as the first day of October was dawning. They were awakened by knocking on the door of their little cabin in the country. They opened matchbooks, an empty baggie, a pack of contac cold tabs, baggies filled with paleolithic sand (souvenirs of a trip to Salt Lake City), and a box of ground up cooking herbs.

Pat and Fred were taken to County Jail. Bail was set at $7,500.
it to find sheriff's deputies who wanted to come in and look around.

A search of the cabin turned up much of the store's stock (pipes, papers, rolling machines) plus

A few days later the sherriff's department displayed the "evidence" over the tube. The sand, they said, was heroin, the cooking herb methedrine. Both were surrounded by piles of incriminating paraphernalia--matchbooks, rolling papers and pipes.

Similar propaganda was carried by radio stations and newspapers.

A few days after that the lab report came back, baring the facts about the brothers' "stash". Bail was lowered to a still-outrageous $1500.

They're both out on bail now; Fred has hired a lawyer, Pat was assigned a public defender who only talks about "deals" and says that if his client is found guilty and gets probation he may end up in jail anyway for not reimbursing the public defense fund $1,000-$1800.

Milwaukee Panthers Get up to 30 Years

MILWAUKEE, Wisc. (LNS) -- Milwaukee has joined the list of cities which have killed, incarcerated or driven underground their young, revolutionary black leadership. Jesse White, 20, and Booker Collins, 22, founding members of the local branch of the National Committee to Combat Fascism (NCCF -- the organizing arm of the Black Panther Party in the area -- have been sentenced to up to 30 years in jail on charges of attempted murder.

The cop they supposedly attempted to murder was completely uninjured and was the only witness to the "crime." According to the police, three young Panthers fired at the cop from a Volkswagon, missing him by several feet, and were picked up minutes later.

Jesse and Booker, along with Earl Leverette, were originally known as the Milwaukee 3. Earl, out on bail, disappeared after the first day of the trial -- a frantic police and FBI search has failed to find him.

The NCCF chapter was comparatively young and had been started after the local Panther branch was dissolved. Milwaukee police, hoping to squash NCCF before it gained momentum, picked out three who were fundamental in getting the chapter started.

The trial was railroaded through in order to finish it before Spiro Agnew came to town, when some anti-Agnew, pro-Milwaukee 3 demonstrations were scheduled to come off. Before and during the trial, the establishment press worked hand and glove with the prosecution, printing a sensational series on the Panthers, calling them cop-killers and extensively quoting J. Edgar Hoover.

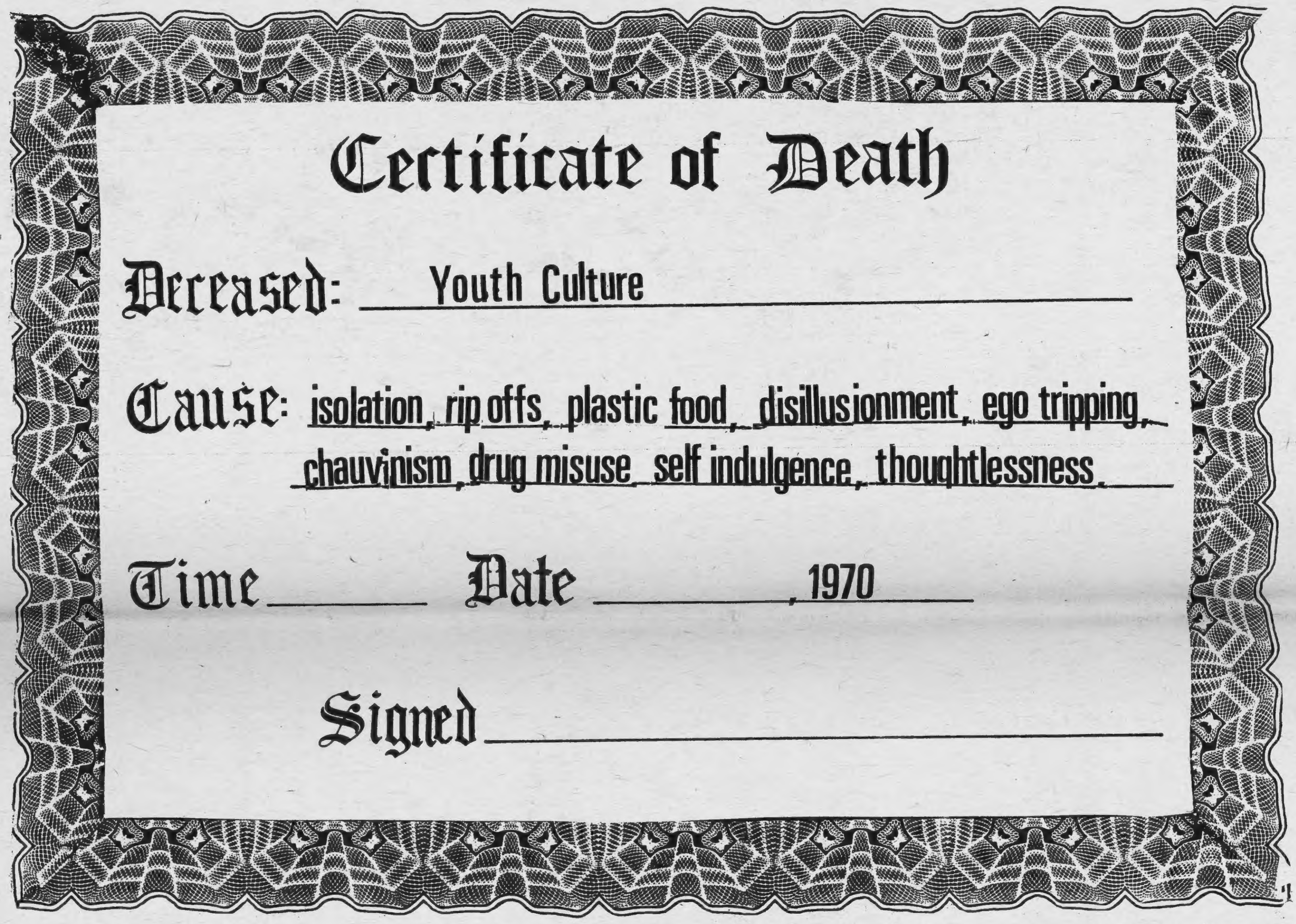
The trial was held in a tiny courtroom filled with cops, with almost no room for spectators, half the seats, reserved for reporters, were either empty or filledwwith police agents. The defense decided to let the weakness of the prosecution's case speak for itself, and brought in no witnesses of their own.

As the jury went out to deliberate, an undercover cop cheerfully stated: "One half hour from now,Pow! youre guilty!"

He was right. The jury came in with a guilty verdict, and the judge sent the two Panthers away, and off the streets, for up to 30 years.

Get Ready For The Fall of Youth Culture!

SO LONG! IT'S BEEN FUN!



Certificate of Death

Deceased: Youth Culture

Cause: isolation, rip offs, plastic food, disillusionment, ego tripping, chauvinism, drug misuse self indulgence, thoughtlessness.

Time ______ Date ______, 1970

Signed ______

It is the fall of 1970 and it is the time of the FALL of Youth Culture, for in the past two years it has grown to maturity and finally to a stodgy old age. The Woodstock Nation is unable to adapt itself to the struggles of the 1970s and it is time for it to take a back seat to its legitimate progeny -- Revolutionary Culture, which alone can meet and face the struggles and problems of the 70s.

Youth Culture has never been the peer culture it was supposed to be; but rather was a curious mixture of many forces in American society. It is the hippie with his love power, mixed with the politics of the civil rights movement and the anti-war movement. It has its roots in non-violent protest, now growing old and disillusioned, struggling with concepts of revolutionary violence it can hardly understand, much less put into use effectively. And that is not too big a contradiction to ask a rather limited philosophy to make!. It has been a home for the alienated young run away and for the disillusioned Vietnam veteran. It is the final haven for the middle class student to hide in, happy in a stoned awareness of cosmic power, secure from the unpleasant realities of an ugly world, that is inhabited by just as disillusioned and more frustrated parents.

It is lacking in that it has failed to instill a sense of self discipline and internal responsibility for external pressures. Its' rhetoric of freedom is most often an excuse and rational for fucking over ones' brothers and sisters.

Our urban youth communities have never been the paradises we told ourselves, and no amount of dope turns a shithole into anything else but more of a shithole; nor has the possibility existed objectively, no matter how hard and valiantly we have struggled to turn them into paradises.

Youth Culture is a lacking philosophy, and those lacks become apparent in the last year; in mass street actions, from Madison to Santa Barbara, that we now recognize as mostly pointless (except that we are now "blooded," but at what cost was this act of self-indulgence?), in bad drug scenes and the rapid expansion and misue of all drugs, from grass to smack; in rip-off rock festivals and rip-off rock "heroes" and in all the exploitative rip off aspects of commercial youth culture we have been powerless to stop or control AT ALL. And in rip offs of brothers and sisters by those we thought were brothers and sisters.

It is the culture of Yippie -- the macho dope freak acid, superman who single-handedly will bring the revolution. It is "revolutionforthehellofit," don't do anything that isn't fun. And unfortunately, this means for most youth culture inhabitants do nothing by blow dope and fuck.

It is a male chauvinist culture, in which women whether they are fifteen year old runaways or older are exploited in the same old ways they were in the old society; in which macho substitutes for a true understanding of a commitment to revolutionary violence.

It has been lacking in being unable to give us the motivation to deal with serious internal problems, specifically fucked up people in our communities, bad dope, and rip offs. It has proved lacking in that, in its excesses, it has cut many of us off from other struggles and has led to our increased isolation. IT IS THE ISOLATION WHICH AT THIS POINT IS THE MOST SERIOUS PROBLEM AFFECTING THE YOUTH CULTURE AND MUST BE OVERCOME IF WE ARE TO SURVIVE.

So it is time to sign the death warrent for Youth Culture, for its counter-revolutionary tendences are integral parts of it, they are not isolated phenomena which can be isolated and dealt with.

... And The Birth of Revolutionary Culture!

It is time to hail the birth of Revolutionary Culture, giving the proper respect due to a deceased parent whose influence upon us has been great.

For its influence has been great, and where its influence has been strongest is hopefully in its positive aspects.

Spontaneity

In teaching us the value of responding creatively and spontaneously to situations and problems.

Awareness

In our increased awareness of ourselves and each other.

Consciosness

In our growing consciousness of the effects of death culture poisons on our body.

Respect

In our respect for the positive aspects of Eastern religion and American Indian culture; in our, as yet feeble, attempts to integrate those concepts into our lives in meaningful ways.

Ability

In our ability to build new models for communication, social institutions, theatre, living situations.

In our understanding of how fucked up korporate kapitalist , Amerika is and how that has affected our lives.

Discretion

In our music, and the CREATIVE, DISCRETIONARY use of dope.

Community

In teaching us the meaning of community, and collective struggle.

Let it be understood that Revolutionary Culture will purge the bourgeois strains of youth culture from its system.

Discipline

Let it be understood that Revolutionary Culture will not allow itself to be stifled and strangled in an over-indulgence of dope and commercialized rock.

Let it be understood that youth culture will throw out the excesses of plastic Amerika when and where they appear in our midst.

Care

Let it be understood that Revolutionary Culture begins with respect and care for our bodies and minds and that we seek to resolve and unify that final contradiction: that we will purge the poisons of plastic Amerika from our bodies and minds and live healthy lives.

Harmony

Let it be understood that Revolutionary Culture is based on principles of ecology and seeks harmony with nature as wellas other human beings.

Let it be understood that Revolutionary Culture is not a plaything for the disillusioned white bourgeoisie but is created from the experiences and cultures of oppressed people everywhere.

~~Chauvinism~~

Let it be understood that Revolutionary Culture is not a cover for macho ego trips and will seek always to destroy male chauvinism; that its success is synonymous with the success of women's liberation.

Relevance

Let it be understood that Revolutionary Culture is not an isolated sect but is relevant to all the people.

Let it be understood that Revolutionary Culture is LIFE CULTURE and it will seek out and destroy the death culture of imperialist America.

Self-criticsm

Let it be understood that Revolutionary Culture is Consciousness and that it does not condone unconscious, unthinking acts, no matter how well intentioned they may be.

Understanding

Let it be understood that Revolutionary Culture is militant but that it understands the difference between the pig and the people; that it understands that the role of the gun can never replace the change in a person's mind and heart and it is this change it works for.

DEDICATION

Today I was hit heavy with bad news
Things were goin' so right with me
But times aren't good with everyone
I guess you all can see that.

Jimi-baby had a good thing goin'
Everyone dug his heavy cry
But who would ever think someone
Would've liked to see him die.

Janis was a broad who really got it on
People dug the way she bent tunes blue
She was so heavy and out of sight
What a terrible thing for someone to do.

I was in the middle of the sea of love
When the bad news crashed in on me
It hit me so hard I stopped completely
And almost drowned in that great big sea.

But I held my head together babe
Don't you go and worry over me
I just have to write and sing this sad song
For Jimi, Janis and number three.

Terry Murphy

Readers Write On

jimi and janis

Since the previous letters to Hundred Flowers made precisely the same complaint, it's especially disappointing to read another eulogy which betrays hostility toward the deceased.

You know, there could be no other Janis Joplin and I felt insulted by the manner in which her death was reported.

The community probably doesn't require moralizing about smack any more than it needs reporters playing God while performers as genuine as Hendrix and Joplin can no longer create beauty.

The reference to Huey Newton was careless since the Spades are capable of enjoying talent for its own sake whether they're oppressed or not and reference to Janis Joplin's "earlier gang bang exploits" was amateur reporting at its worst. If you haven't lived in San Francisco and I mean lived there, as a single personality Janis evoked the vibes of America's youth ghetto better perhaps than anyone.

A blues singer is more than a person with a perfect blues voice and while the Twin Cities have soul too if they give themselves the disinterested airs of a prude who would notice us? Get it together!

Michael

PAPAL BULL

While merrily flipping through your Oct. 2 issue, we saw on the Bulletin Board your appeal for letters from radical high school students interested in forming an underground (or otherwise) school paper.

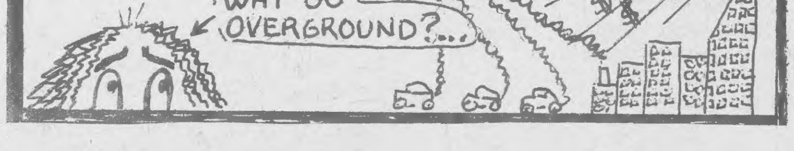
If there is any school that is in desparate need of an underground it is ours. Namely--Regina (an all girl's) High School.

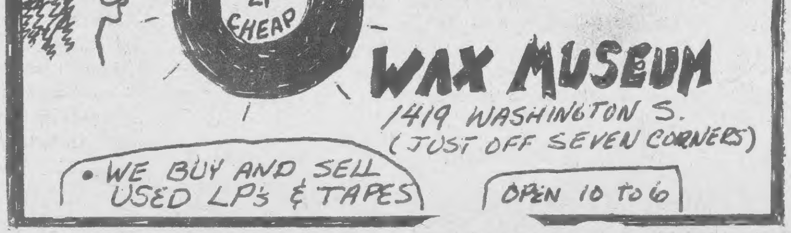
Our regular school rag (dig the name--the BLAZER) is suppressed to a bunch of bullshit about the so-called faculty. The Pope about runs this school. To get one goddamn thing done we have to go through the Royal Holy Channels; for instance Advisor (generally establishment freaks) on to class moderator (faculty-appointed student fascists).

Then to Royal Big, only one under Jesus Christ himself, nun principal.

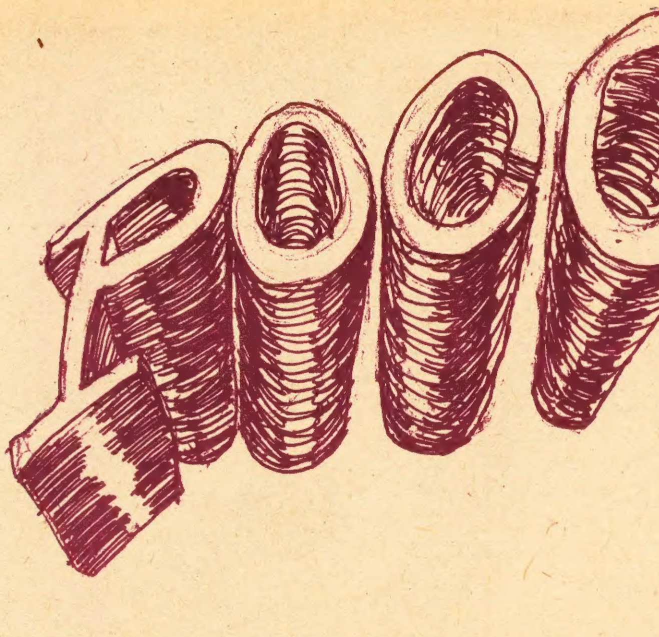
It's all screwed up. And so ya see, we need your "help". We want to circulate an underground paper. We don't know the first thing about starting one, so how bout supplying us with some stuff about forming a paper.

In peace (and suppression)
Barb Heyer
Mary Peterson





He looked upon us as sophisticated children—smart, but not wise.
We knew many things, and much that is false. He knew nature, which is always true.



You'll watch with brotherly pride as they stride onto the stage--so young and so fresh and so vital--and with such warmth and honesty you'll have to return the affection... mmm, Poco! Whatever their worth as musicians, you'll find yourself digging Poco before they play a song.

And once they begin? You bet. They sure have a big start in Richie Furey and Jim Messina, both former members of the heralded and much-missed Buffalo Springfield.

(Did you know that over the course of the three Springfield albums Furey sang lead more often than either Steve Stills or Neil Young? And Messina, though he produced the whole last Springfield album, only had one song, but that was the prized "Carefree Country Boy")

Like the Springfield, Poco's strength lies even more in their harmonies than in their guitars. Indeed, drummer George Granthuny and bassist Tim Shmidt fit so well with Furey that neither Messina nor Rusty Young sing at all anymore.

Young, by the way, was misidentified in the April 24th Hundred Flowers as Neil's brother. He sure looks like somebody's little brother. A very notable pedal steel guitarist.

The Poco spirit--energetically kind, sweet, humble, and united--doesn't come at all from the gut but it is so enthusiastically offered and overflowing that they simply lay it at our feet. And, singing pretty-as-a-picture three-part tenor harmonies is as soulful as a country boy can get.

Sunday at the early show that's how they finished it. After going through a lot of changes in their set, from electric lead to acoustic to dobro, and from country rock to purer country, they finally got it on for the young audience, and in so doing really put psychedelic music into its proper perspective.

None of that screaming bullshit. Just good and controlled distortions and loud and euphoric guitar and dobro licks.

And it's significant when it comes from the dobro. No doubt the most far-out sound I've heard from any distinctly country instrument. Poco is perhaps the most authentic synthesis of rock and country music, Creedence not excluded.

It all was so down-home that even the hyper Temple crowd was solidly relaxed when Poco walked off stage. It took us
It took us about 15 seconds before we got sentimental about them and realized that we wanted them back and could get them back.

So the delayed ovation worked and Poco returned for a 20-minute encore. And with everyone on their feet for the first time, the energies were profuding. It's good to see Poco-music accepted so well.

Bravo, Poco! Bravo, Temple!

Next at the Labor Temple: The MC5, October 25.

NOW WE'LL HEAR FROM A PAISLEY PAL!

Contrary to the common mood of Sunday's personality, I spent the evening the only way possible in the realms of Paisley's music, in a complete state of free unlimited happiness.

This family of musical talent boasted an unbelieveable genius Sunday night at the Extemp. Their music was so together that it was as if all four members were sharing the same head.

They played as magicians, instead of simply musicians.

They planted in all of us a seed that grew in the four hours they played until it burst into complete insanity.

By the time the Paisleys collapsed (1:45) our vibes screamed and laughed sang and danced together.

We all were exhausted; not one of us could sit still. The lead guitar and organ set my mind on a magic carpet ride, it no longer rested inside my head. I had to paint my thoughts immediately in a portrait that you could feel. They proved unforgettable.

Much credit must also be given to the audience, whose constant participation spurred out even more talent from the group.

There is no audience like the Mother Earth People whose appreciation was loud and fatiguing. The Paisleys are indeed future stars.

Joshua

LUTHER ALLISON BLUES BAND

20, 10, even five years ago it would have been out of the question.

Bring the blues to a bunch of book totin', readin' writin' college kids? Sheet. You might as well try to get the Tuscaloosa Baptist Church Gospel Singers an audience at the Vatican.

But times have changed. White kids, bored with the crass commercialism of radio rock and roll, have searched for the real thing. Dug for the roots of their music. Which, of course, turned out to be the black man's music.

And black bluesmen have welcomed the appreciation, adulation and money of the wide, wealthy white audience.

That's how an up and coming Chicago blues guitarist named Luther Allison came to play at the Main Ballroom of the University of Minnesota's Student Union Wednesday.

Allison is an excellent musician, a great performer and an outasight dude. But the gig was disappointing, for three reasons:

--THE PROMOTERS. We got to the gate an hour and a half late, but the man at the door demanded the full $1.50 from each of the five of us. We didn't have it, and said so. Tough shit, he said. We were a newspaper here to review the concert, I told him. He didn't believe me. So we bummed ticket stubs from people who had paid, and he ended up with none of our money.

--THE AUDIENCE. We gave our stubs to the kid at the door, and entered to find the massive cavern filled with people sitting quietly on the floor. It looked like a Freshman English lecture, except that on stage was...

THE BAND. They were tired, the bass player said later.

Once, just once, it looked like the audience might generate the kind of energy a blues band needs to get it on. It was the last song of the second set, and Luther had sauntered off the stage and 50 feet into the people (an old Buddy Guy trip). He paused in front of a lovely lady, got down on one knee and serenaded her with a lazy lead.

As he stepped back on stage the band broke into "We'll be comin' round the mountain when we Come", and everyone stood up, hands clapping and feet stomping.

But the band took a 15-minute break which drained that bit of energy. Some left, some smoked dope, but when the last set started all asses were once again firmly glued to the floor.

Luther played two songs, and sized up the situation: he was tired, the band was tired and the audience was tired. So he unravelled the 100-foot cord again, singing B.B. King's "The Thrill is Gone" as he made his way toward the exit. As the kids picked up their back-to-school coats and prepared to return to their dormitory cubicles and crack the books, I couldn't help wondering if the thrill had been there at all.

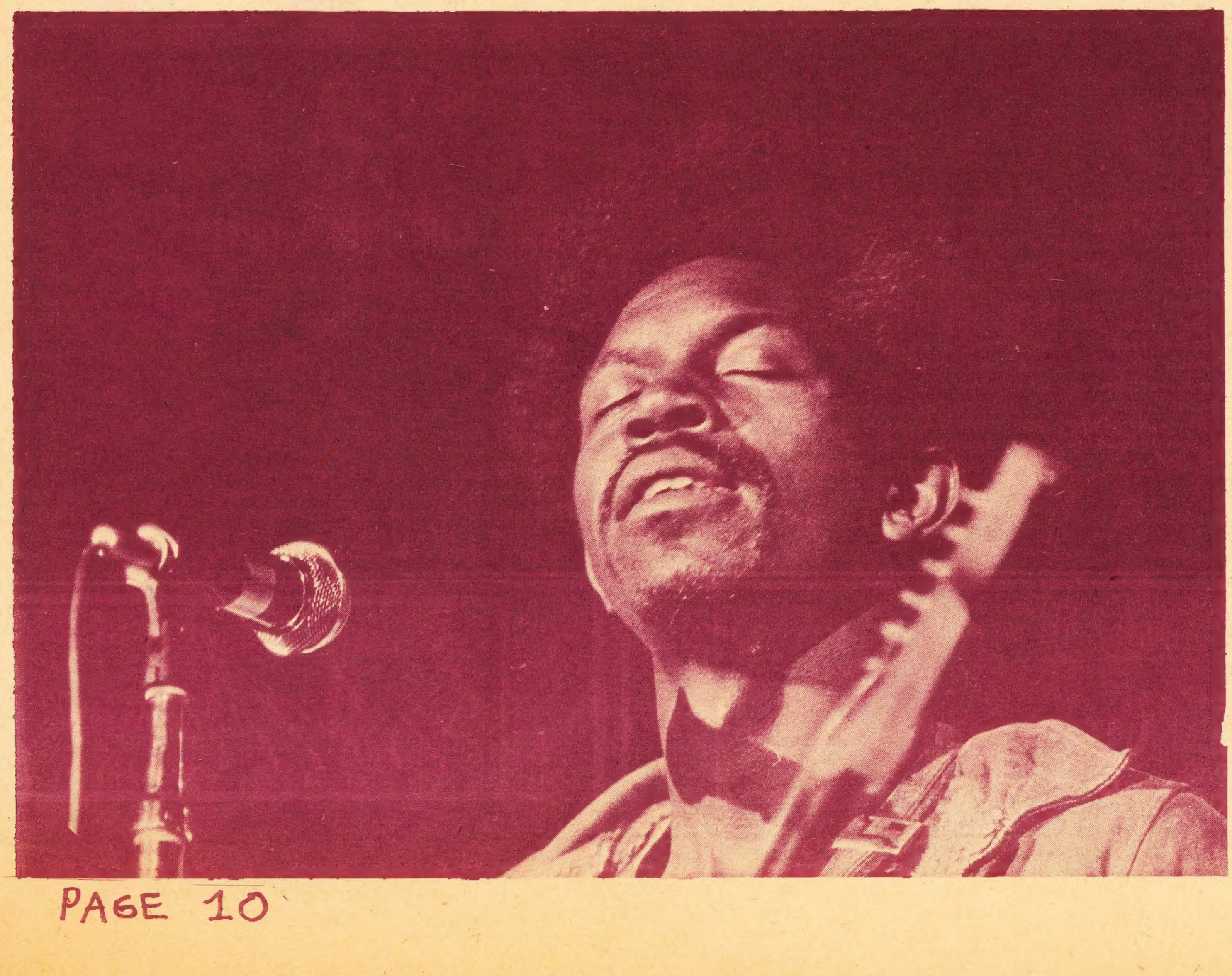
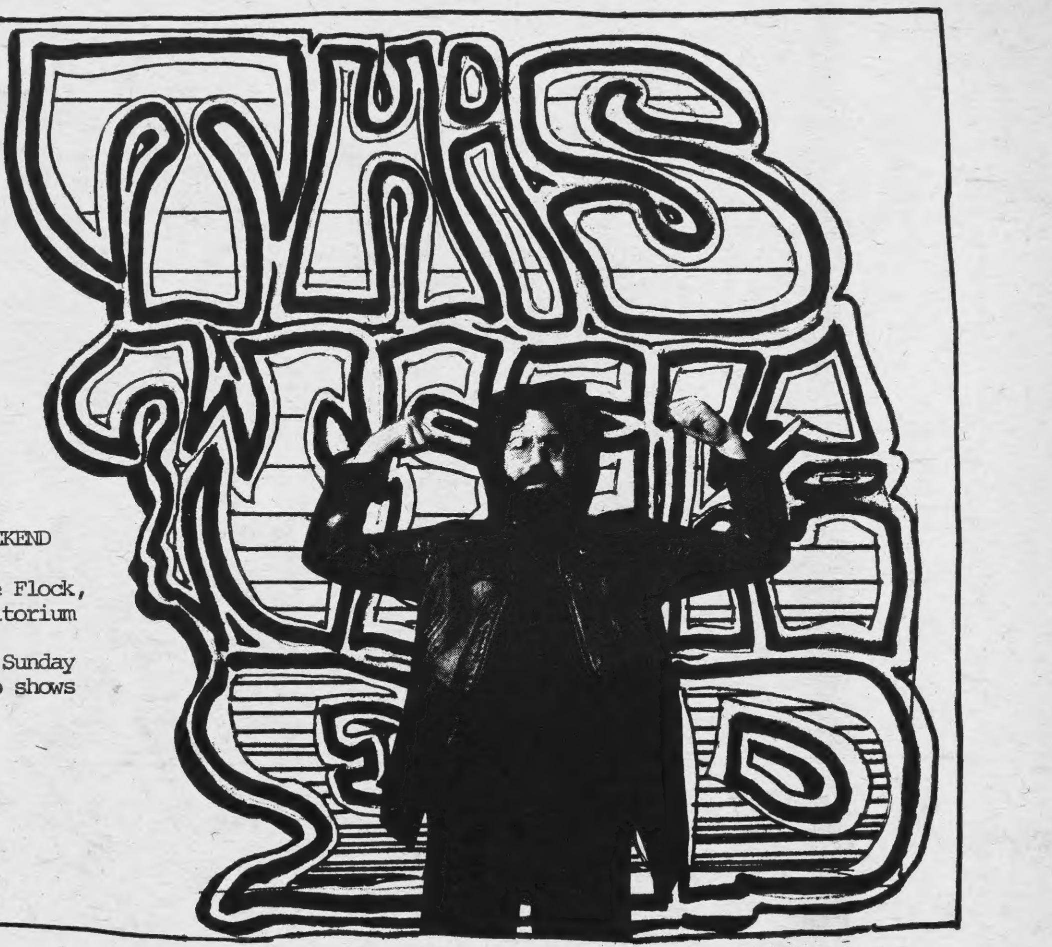


Photo by Tom [illegible]



HIGHLIGHTS THIS WEEKEND

John Mayall and the Flock,
tonight at the Auditorium

The Grateful Dead, Sunday
at the Guthrie, two shows

FIRST MEETING

Last Friday at the New Riverside Cafe some of the finest of North Country musicians gathered to make music together.

There was Bill Hinkley and Cal Hand of the Sorry Muthas along with Mary DuShane, Charley Rushton, and Buck Hank (sometimes known as Steve Gammel).

Bill and Cal are well known in the area, Bill for his guitar, mandolin, banjo and fiddle playing and Cal for his legendary skill on the dobro.

Mary Charley and Buck may be new to some of us but will be remembered by most as some of the sustaining musicians of the original Scholar (before it was leveled to make way for Burger King) in the early and middle '60's.

Then Charley went to Panama, Mary to the West Coast, and Buck disappeared into the environs of South Minneapolis. Last month Mary returned for a visit from Crow Farm where she has been living and the trio was reunited.

The Friday night audience warmed up to Bill and Cal immediately as they opened the evening with some country instrumentals. Their set was characterized by extraordinary musical prowess and excellent communication with the audience.

By the time Mary, Charley and Buck took the stage the room was already crowded and the people were ready for a continuation of the fine music.

They weren't disappointed. The trio's repertoire ranges from old English Ballads to mountain hymns to modern country rock, all delivered with beautiful instrumentation and consummate taste. Their three-part country harmony, long a legend and a trademark of North Country music, was right on.

It is significant to note that while Mary, Charley and Buck have been making this music for nigh on to ten years, the same sort of harmonies and vibes have been coming though groups such as Crosby, Stills, Nash and Young, Poco and the Grateful Dead recently.

It's difficult to single out songs for examples since they were all so good. Some of the highlights of the set were Proud Mary with Mary doing the lead vocal and Me and Bobby McGhee, Buck singing lead. Charley sung a beautiful unaccompanied Long A Growing and all three combined for a three-guitar version of I'll be Your Baby Tonight on which Buck did some fine country blues flat picking.

In the course of the evening Charley played guitar and autoharp; Mary played guitar, autoharp and fiddle; and Buck did lead guitar and mandolin.

On Rain, one of their most powerful songs, Charley and Buck played guitars while Mary fiddled. They closed the set with Oakie from Muskogee which was very pretty musically and a good vehicle for Buck's dry humor which was evident throughout the night in his musical and spoken with the other musicians.

By this time people were standing in the aisles and sitting on the floor. People from the North Country Conference had wandered over and met with some of the Wawena Commune people who were in town. Together with the local residents they made up an ideal audience. In spite of intense audience involvement the musicians were able to reach all 100 people without amplification.

To finish off the night Cal and Bill joined with Mary, Charley, and Buck. Out of the audience came Rod Belleville and Ellen Smith (of the Smith-Belleville Bluegrass Band) and completed a seven-piece orchestra comprised of the upper echelon of North Country musicians for the past ten years. They stuck to Bluegrass and country tunes like Stewball and Long Black Veil and were having as much fun as the audience. By the time it was all over everyone was aware that it had been an historic event, both in musical annals and for the people of North Country.

--Ralph

WALKER

"This film program is the best showcase of experimental film of our time." With this bit of unabashed praise, lecturer Standish Lawder opened the Walker's 10 part "Experiment in Film" series. The programs (screenings or illustrated lectures) begin at 8:00 pm in Heritage Hall in the Minneapolis Public Library every Wednesday through Dec. 16. In Lawder's presentation Oct. 7 on the Early History and Theory of the Experimental Film he showed the cubist classic "Ballet Mechanique" and Rene Clair's dadaist "Entre' acte." Lawder's show pointed out that innovative and exciting film techniques that are so popular now in the new cinema were introduced and developed long ago by the artistic film pioneers of the 1910's and '20's. The Oct. 14 program, New American Cinema: Early Works" featured Ed Emshwiller's "Thanatopsis" and Kenneth Anger's first film "Fireworks". This week, Oct 21, the program is a screening of conceptual/meditational films. Flicks to be shown are Michael Snow's" "Wavelength" Ernie Behr's "Serene Velocity" and Robert Nelson's "Backlash". The San Francisco film group called BYM Productions will be represented by their film, "Pulse".

This incredible film series provides a great opportunity for anyone interested in film as an art to see the best of past and contemporary underground and experimental film. North Country film freeks should really pick up on this one. Unfortunately, each showing has a $2.00 admission price. A suggestion: stay away from the Mann Theatre-Hollywood rip offs for a few weekends and spend your hard earned scratch on the challenging, eye-opening mid-week programs of Heritage Hall.

STRIKE

Friday and Saturday nites at 8:00 pm and 10:00pm the Strike Film Co-op will be showing "Sit-down at Chrysler", a film about the 1937 series of militant sitdown strikes at the automotive industry's plants. Also shown, will be "Oil Strike", about the 1969 Standart Oil strike in Richmond, California. Standard was on strike at the same time as San Francisco State was striking around demands for a Black Studies Department. The film shows a working, radicalizing worker-student alliance.

Thursday night, the Film Co-op will be showing these films to a group of U.A.W. warehouse striking workers. They hope to have some workers at the screening room this weekend to rap with those that come to see the program. The Wednesday night entertainment films started this week. Check them out every Wednesday at 7:30 at 317 Cedar Ave. The Strike Film Co-op needs chairs. Call 333-3015.

nbc

This weekend KSTP-TV is premiering a series called the "Now Explosion". Those far-out innovators (?) at NBC have taken top 40 tunes and made films to be shown as a visual counterpart. Producer Bob Whitney says, "We choreographed the same songs you hear daily on pop 40 radio, and the result, we think is exciting.....We are having a ball, just dreaming up new ways to visualize the mood, tempo and beat of today's youth culture." Could be another plastic exploitation of the products of our cultural revolution,or it could be worth a look. The series of 2 hour programs will be run three times a weekend on Channel 5 beginning at midnight Friday, 1:00pm Saturday, and midnight Sunday. Dig it after Dave Moore's "Bedtime Nooz".

SHORT SHOTS

-----The U. Film Society starts its fall program this weekend with "Monterey Pop" (Janis-Jimi memorial showing) and several new shorts. Friday and Saturday, Oct 16-17, 7:30 and 9:30 Nicholson Hall Auditorium, U of M Campus.

-----The Acme Film Society presents "Animal Crackers" by the Marx Brothers October 16-17, at 8, 10, and 12 pm at 7 East 26th Street, Minneapolis.

-----The Xandau Film Festival offers up two D. W. Griffith classics this weekend. Oct. 16, 8:00 pm. "Intolerance", and Oct. 17 8 pm "Orphans of the Storm". See them at 1209-S.E. 4th St, Minneapolis.

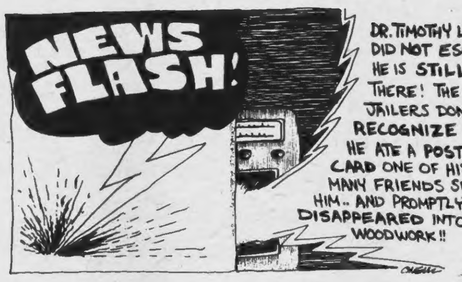
-----The newly formed Macalaster Film Screening Co-op presents the excellent Japanese film documentary, "Streets of Shame" Saturday at 7:30pm in Olin Auditorium on the Macalaster College Campus. Screenings of exciting old and new films are regularly scheduled for Tuesdays and Saturday nights at 7:30 pm in Olin Auditorium. Admission: 75¢.

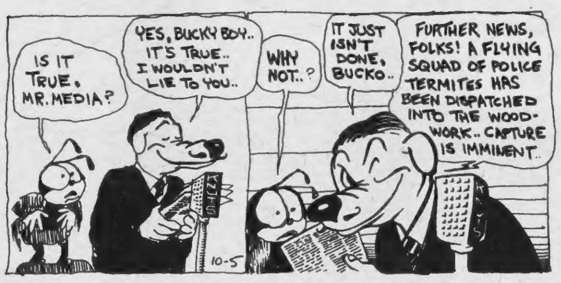
-----Mac Cinema shows Jean-Luc Goddard's trippy anti-war film "Les Carabiniers" at 8:15 in Olin Auditorium, Sunday October 18.

-----Hope to have a collumn like this every week to run down good film happenings in North Country. If I've neglected your showings or you have something to add, correct, or inform me about, call 690-4320.

-----horse

PEOPLE RISING


NEWS FLASH!
DR. TIMOTHY LEARY DID NOT ESCAPE! HE IS STILL THERE! THE JAILERS DON'T RECOGNIZE HIM! HE ATE A POST CARD ONE OF HIS MANY FRIENDS SENT HIM.. AND PROMPTLY DISAPPEARED INTO THE WOODWORK!!


IS IT TRUE, MR. MEDIA?
YES, BUCKY BOY.. IT'S TRUE.. I WOULDN'T LIE TO YOU..
WHY NOT..?
IT JUST ISN'T DONE, BUCKO..
FURTHER NEWS, FOLKS! A FLYING SQUAD OF POLICE TERMITES HAS BEEN DISPATCHED INTO THE WOOD-WORK.. CAPTURE IS IMMINENT.
10-5

MONTREAL, CANADA.
French Terrorists, kidnapped and are holding for ransom, Britain's trade envoy, James Cross, and Quebec Minister of Labor, Pierre Laporte. The Terrorists, part of the Quebec Liberation Front are demanding the release of 23 comrades, in return for the Capitalist pigs.

NEW YORK.
A Black Panther prisoner threatened the lives of hostages unless bail is restored to one of the Black Panther defendants in the Manhattan bomb conspiracy trial. New York recently has felt what it was like to have the prisoners in charge of the prisons. At least the prisoners are happier with themselves in charge.

IRELAND
Violence continues in Northern Ireland evidenced by the recent bombing of an Ulster Defense Force Training Center. Recent violence began when a group of Roman Catholics tried to disrupt a Protestant meeting by throwing stones. Hopefully St. Patrick will do something about this.

Police Shoot

PORTSMOUTH, Va. (LNS) -- In this Southern city, policemen are talking in official tones about sniper fire and racial tensions, and whitewashing, with the full cooperation of the press, the fact that one man, sixteen years old and black, was killed by their fire, and eight others wounded, all of them shot in the back.

John Bellamy is dead, and the black community of Portsmouth has obtained 201 eyewitness accounts that what happened outside a local football stadium on Sept. 19 was unprovoked murder.

This is their story:

As a large crowd was leaving the football stadium, two young blacks began sparring for fun on the sidewalk. A group of spectators quickly gathered. The festive mood was abruptly ended when Portsmouth policeman Jerry Ennis got out of his car, approached the scene, and without warning began firing his gun into the air. The crowd broke and ran. Another group of cops came out of the stadium and opened fire on the unarmed, fleeing crowd. The police also turned dogs loose on the people. Police gunfire was unprovoked and indiscriminate, aimed primarily at spectators leaving the football game who had no idea what was going on.

police officers, the official version goes were being fired upon by a "group of black youths." The police, of course, were acting in self-defense.

The news media have accepted and supported the police version of the story. While police claim that they were fired upon first, no weapons have been found except their own, not even on the body of Bellamy, who police swear was shooting at them! The only witnesses supporting the police version are white policemen.

TUPES TALK

(Editor's note: The following are excerpts from a tape recording of one section of the questioning of CIA agent Dan Mitrione by members of the Tupamaros National Liberation Movement.

Dan Mitrione, once an Indiana police chief, was executed on August 9 after the regime refused to free all the Uruguayan political prisoners in exchange for him. Mitrone had been kidnapped by a Tupamaros commando group on July 31. The same day, Aloisio Dias Gomide, the Brazilian Consul, was also kidnapped. Claude Fly.--- accused by several Argentine publications of being a CIA agent -- was kidnapped on August 7. The two are still being held by the Tupamaros.

The entire transcript of the tape was printed in Granma, a Cuban daily newspaper.)

TUP: Now you have a job that's different from being a chief in the United States?

MITRIONE: Yes, an entirely different job. Now I work for the police.

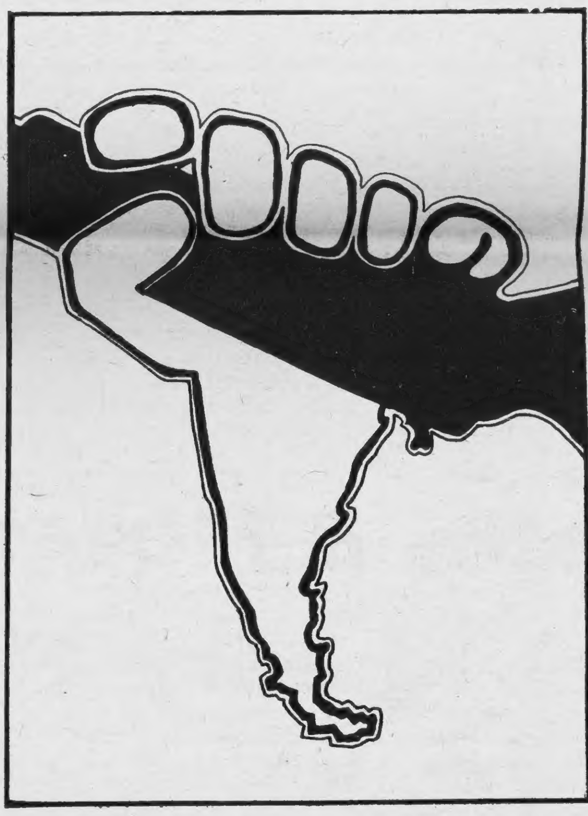
TUP: What kind of work did you do in Brazil?

M: I was an adviser. I worked in the interior of Brazil with _____. I was an adviser to the Military Police, in the matter of training. You know, in Brazil, like in Uruguay, policemen are only doing their duty. We search for the most peaceful way to do things so that their job will be better for them and for everybody. We try to have them do their job a little more in line with our views.

TUPS: Just as a subject for discussion, what do you think of us?
M: Of the Tupamaros?
TUPS: Yes. You know quite a lot about us. You've been living here for quite some time now. How long?
M: A year.

TUPS: That's enough time.
M. You work very well. You're well organized. You must have good leaders.

TUPS: Well, I should tell you -- and I hope you believe me -- that we have no leaders. We have people who are more or less important, but nothing like chiefs. We discuss everything. We are of less importance -- at least I am -- but there are others who are important. We're all comrades.



URUGUAYAN.
The Tupamaros, a Latin American revolutionary organization, are holding, U.S. agriculture expert Claude Fly and a Brazilian official hostage, demanding the release of a number of Tupamaros imprisoned by the government. Notice the similarity to the Quebec Canada situation.

M: It's quite evident to me that you have a good organization. I'd say that you have good discipline and have been very successful.

TUPS: We are Uruguayans who don't put off until tomorrow what we can do today. That's for sure. . . . .

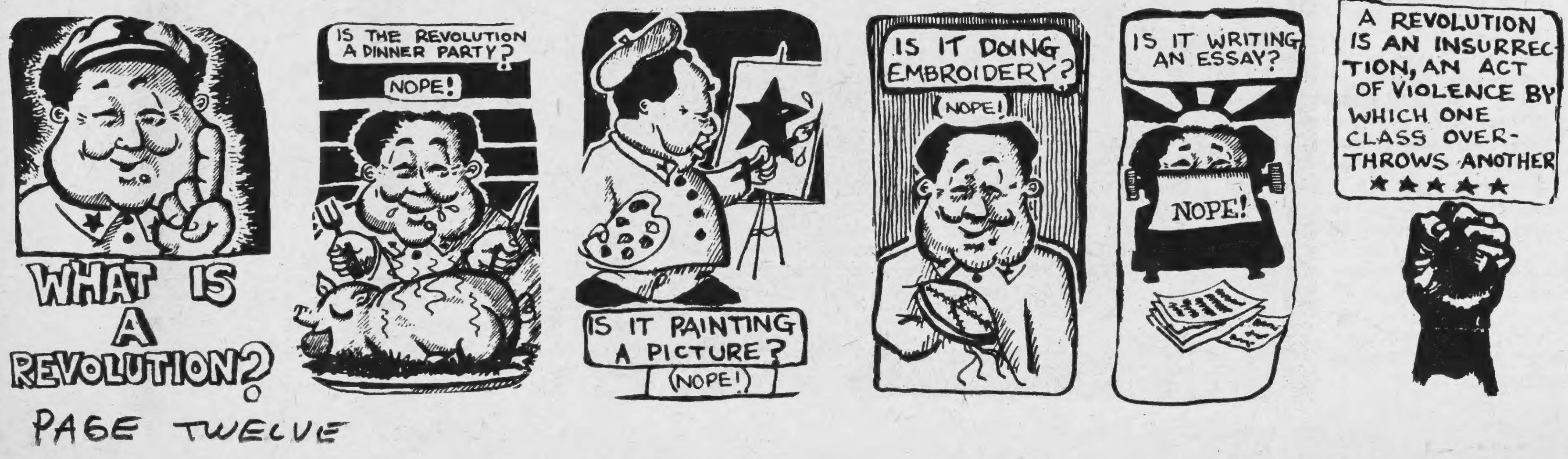
BOMBINGS WEST

ROCHESTER N.Y.
A federal office building, the Monroe County office building, two churches and a private home were hit by bomb explosions within a 25 min. period early today.

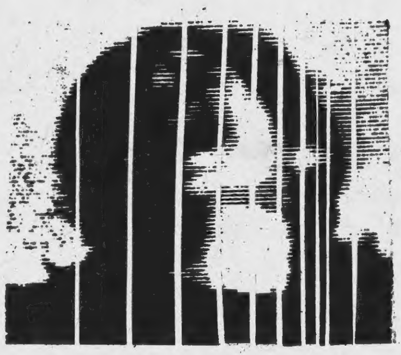
These were the fifth and sixth government buildings in the country to have been struck by such blasts since Thursday. Other cities experiencing bombs, were Seattle Washington, San Rafael, Cal., and Santa Barbara Cal.

The two store front churchs were the New Bethel C.M.F. Church, and the Greater Bethlehem Pentacostal Church.

All of the blasts occurred outside the buildings as, police said, sticks of dynamite were either thrown or placed next to them by persons who then sped off by car.


WHAT IS A REVOLUTION?
IS THE REVOLUTION A DINNER PARTY?
NOPE!
IS IT PAINTING A PICTURE?
(NOPE!)
IS IT DOING EMBROIDERY?
(NOPE!)
IS IT WRITING AN ESSAY?
NOPE!
A REVOLUTION IS AN INSURRECTION, AN ACT OF VIOLENCE BY WHICH ONE CLASS OVERTHROWS ANOTHER
★★★★★

UP ALL OVER



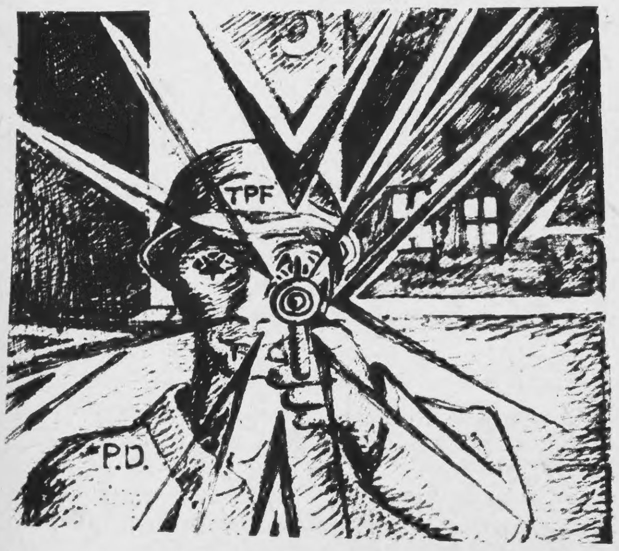
WOMEN RISING

TWO NEW WOMEN'S ANTHOLOGIES ARE OUT

NEW YORK (LNS) --

Two anthologies of women's liberation material, out in paperback, have just hit the stands. They are: SISTERHOOD IS POWERFUL, edited by Robin Morgan, and WOMEN'S LIBERATION: BLUEPRINT FOR THE FUTURE, edited by Sookie Stambler. Proceeds from both books, unlike most books written for the express purpose of making money off this new "fad", are going back into the women's movement. Articles in both paperbacks are written by women for women, so, pass the word.

9 in Back, One Killed. 201 Witnesses



Nine people were hit by the police gunfire; all were wounded in the back. John Bellamy was hit in the back and fell to the ground. As he tried to get up again, he was shot twice more at point blank range by Ennis, who then reloaded his gun and began firing into the crowd again. Ennis was not even in police uniform at the time.

Another youth who was wounded testified that he had been standing outside the stadium when he saw the police charge and heard gunfire. He began to run, then heard more shots. He was hit in the back of the head, in the back, and in the left arm. He fell to the ground, turned around, and saw a detective shooting directly at him. He cried for help and heard a voice telling him to *lie still. Nearby, he could see Bellamy lying on* the ground. He heard a cop standing over Bellamy say, "We don't have to worry about this one. He's dead. Let's see about the other one."

One of Bellamy's friends witnessed the shooting from across the street. When he ran over to help Bellamy, the police held a pistol to his head and said they would shoot if he tried to help his friend. He then began to aid an 11 year old boy who had been shot; when the police saw this, they seized him and threw him into a police car.

The official reaction to the slaying and wounding of black people by police officers was typical. A six-hour investigation was conducted by Portsmouth's Chief of Police, who then appeared on television to announce that the shootings were "justified." The killing occured because,

When a city policeman kills someone in the line of duty," he is automatically suspended pending an investigation. Jerry Ennis, who shot and killed another black man in February of this year, and is known in the black community for being trigger-happy, has not been suspended. There was no investigation after the earlier killing, either.

Angry blacks marched on the city courthouse the day after Bellamy's murder. They were met by police with shotguns and dogs; armed guards have been posted around the clock at both the city hall and the police station. When the black community later had meetings trying to plan a response to the killing, armed cops arrived on the scene, forcing people to disperse.

On Sept. 29, a group of blacks appeared at a meeting of the Portsmouth City Council to demand that Ennis be suspended and that an impartial trial be conducted, the armed guards around city-hall be removed, and the Commonwealth's Attorney disqualify himself from the investigation because of blatant prejudice.

But City Council doesn't listen to black demands as a rule. If the murder was not insult enough, City Council has, further, commended the police department for its handling of the situation. Approval of a resolution commending Ennis is being postponed until after the results of an "FBI investigation" are made known. This blue ribbon investigation will satisfy officials; it won't satisfy the black community.

Establishment media reports of the city council meeting speak of the 9,000 white signatures gathered in support of Ennis, and about the guns and bullets that were sent to the FBI for analysis. The press made no mention of the larger petitions carrying the signatures of black people calling for Ennis' suspension, nor that the guns and bullets sent to the FBI were those used by the police in the attack that killed an unarmed 16-year-old on his way home from a football game.

When one day there is a different kind of trouble in Portsmouth, when the black community strikes back, when rocks and bottles get tossed at police, when barricades go up and a cop finally gets offed there, we know how surprised and horrified the local press and officials will be. And Portsmouth's Police Chief will go on television again to speak resolutely about law and order.

EAST –

bernadine dorhn:

- ☑ **R.O.T.C.**
- ☑ **Courthouse**
- ☑ **Nat. Guard Armory**

WASHINGTON, D.C.
The National Military Command Center in the Pentagon, said it had received telephone threats from the militant Weatherman organization asserting that West Coast government installations will be the target of bombings next week.

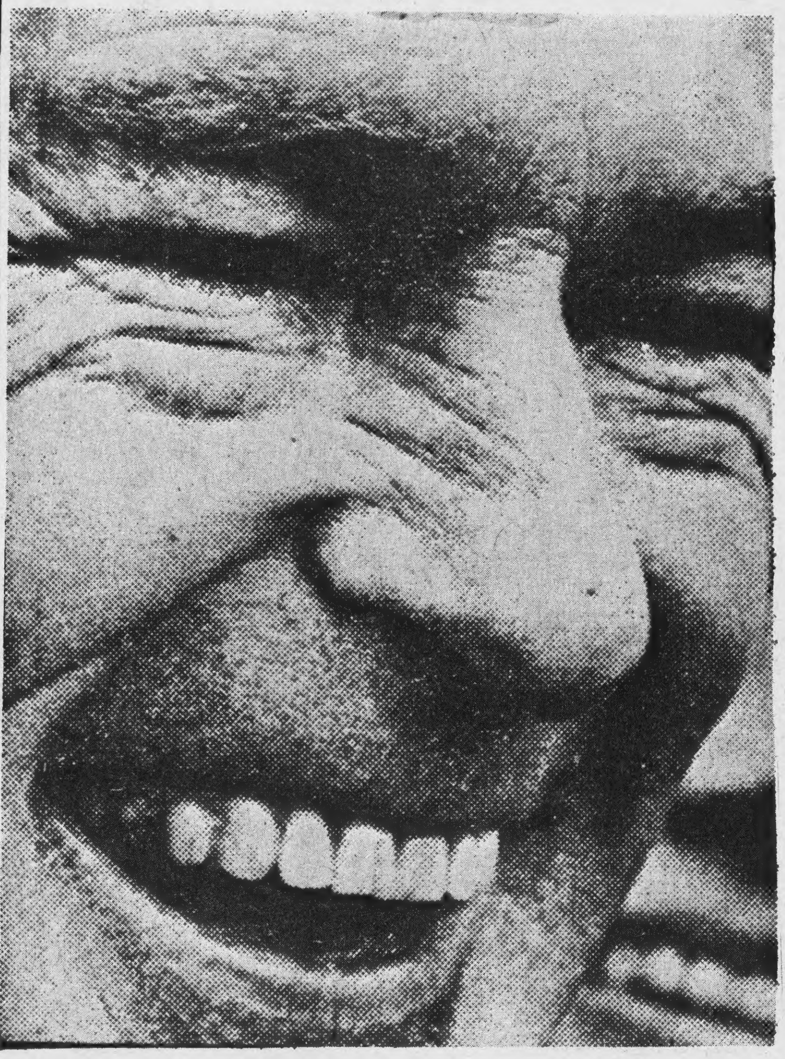
Thursday, blasts rocked a courthouse in San Rafael, Cal., a National Guard armory in Santa Barbara, Cal., and an R.O.T.C. building in Seattle Wash.,

The bombings came three days after the release of a statement from sister Bernadette Dohrn of the Weatherman, announcing a "fall offensive".

The pre-dawn blasts caused extensive property damage, but no injuries. In all but one case, anonymous warnings were telephoned to the pigs before the bombs were scheduled to explode.

After the three explosions, groups identifying themselves by such names as the "Perfect Park Home Grown Garden Society," the "Quarter Moon Tribe", and the "Purple Sunshine Clan" claimed credit.

Timothy & Rosemary Leary Safe In Algiers



ALGIERS (LNS) -- Sources in Algeria report that Tim Leary, who recently escaped from prison in San Luis Obispo, where he was serving the first of several ten-to-thirty-year sentences for possession of marijuana, has arrived in Algiers with his wife, Rosemary.

Leary escaped from the California Men's Colony in San Luis Obispo by climbing over a fence. He later changed clothes in a gas station men's room and disappeared. Weatherman claimed credit for aiding in his escape. Leary left behind a letter thanking Weatherman and urging young people to fight actively against U.S. imperialism.

The Learys appeared unexpectedly at the Black Panther Party Embassy in Algiers. Surprised Panthers let them in and, after brief consultations, arranged for the couple to be granted asylum in Algeria.

Algeria does not have diplomatic relations with the formal U.S. government. The Black Panther Embassy represents the revolutionary, anti-imperialist peoples of this country and handles all relations with the Algerian government.

The Black Panthers stressed that the Party had not known that Timothy was coming, and had not participated in his excape, but that they welcomed his presence in free territory; "The Embassy is available to all oppressed people, to all victims of bureaucratic capitalist imperialism," they added.

Chinese Yoga of Movement

T'AI CHI CHUAN

This is the second in a series of articles by Terry Walhus on the T'ai Chi Chuan or Chinese Yoga, Chinese herbal medicine, macrobiotics, and acupuncture or electric massage.

Terry teaches Chinese Yoga at the Minneapolis Center of Yoga and Inner Awareness, 3045 Nicollet. Classes are held on Saturday afternoon and Monday evenings.

New classes in Hatha Yoga, T'ai Chi Chuan, Astrology, Diet for Health and Inner Awareness, creative clay expression, and Nutrition are starting at the Minneapolis Center of Yoga and Inner Awareness. Write for new brochure.

The following exercise is called the I Ching King or body changing exercise. The effect of this exercise is to release the "Ch'i" or body energy which flows from the center near the lower belly to the other parts of the body and to the brain.

Relax the whole upper part of the body and stand with the feet shoulder length apart at the commencement of this exercise.

Exercise movements very slowly.

1. raise arms upward until parallel with ground, pointing forward
2. extend arms to side, keeping level with ground.
3. raise hands, pointing fingers upward
4. raise arms upward in a circle until they rest just above the head
5. raise arms upward, palms to the sky
6. lower arms to the side, palms down
7. bring palms upward in a circular motion
8. bring arms to front, palms upward
9. raise forearms to the face hands pointed upward
10. point fingers toward each other
11. lower hands to original position, keeping fingers pointed toward each other. Relax, breathe deeply, meditate, repeat this series of movements five more times. Remember to relax and execute the movements very slowly.

NEXT WEEK: Story of the Chinese old man who drank hydrocotyle asiatica minor and lived to be 256 years old, some other herbal tales and information on where to obtain medicinal and nutritional herbs.

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WHITE SUGAR CAN KILL YOU, Give You Arthritis and Make You Tall and Skinny

I have for some time been aware that white sugar is not good but until recently I had not found a satisfactory explanation of exactly why it is harmful. In Garten's Health Secrets of A Naturopathic Doctor, the topic is treated in terms of bio-chemistry.

The explanation centers around the sugar-calcium relationship. Calcium is soluble in water - one part calcium to one hundred parts water. Sugar has an affinity for calcium and if added to the water, the amount of dissolved calcium is thirty-five times as much.

Sugar, in the refining process, has practically every health element removed. Assimilation of any food substance into the body can take place only in the presence of certain elements known as "catalysts". Since these supporting live elements have been removed in refining, the needed substances must be withdrawn from the body structures, wherever available.

Teeth, bones, and glands are normally richly supplied with these elements, however there is not an unlimited supply.

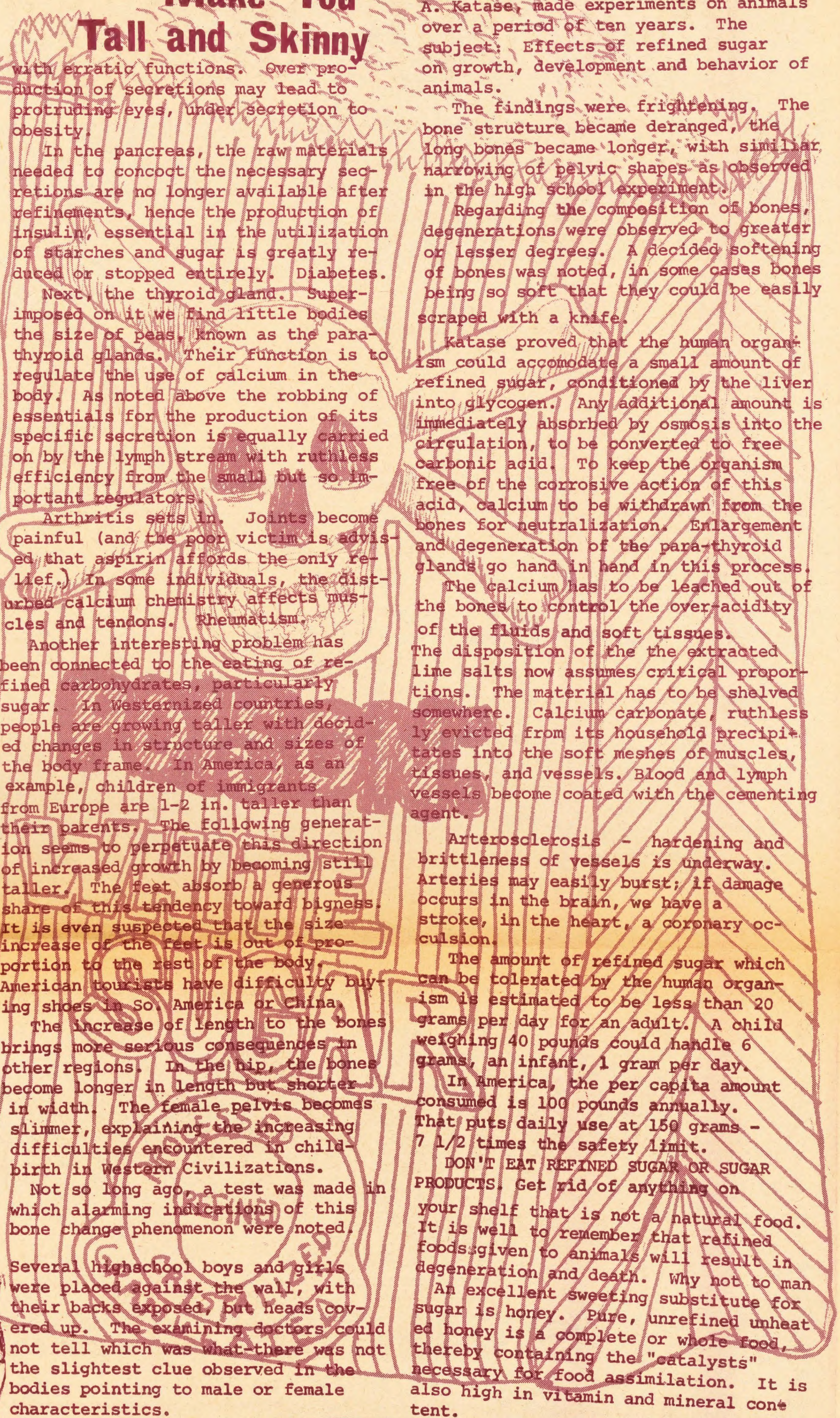
The teeth become the first victims of the disturbed body chemistry, ductless glands follow next with the skeleton and remaining tissues not far behind.

HOW SUGAR ATTACKS YOU.

Teeth. From a bio-chemical view, the sugar disturbs the calcium-phosphorous relationship, caused by the leaching of body structures. (Garten notes that white flour, in fact any grain product subjected to refinement by the chemist is just as much to blame.)

Endocrine glands. The effects of sugar eating, or one sided carbohydrate intake, are quickly noticeable. The tyroid becomes involved

The pulp, dentin, and even the tooth enamel are attacked from within by the lymph stream in the quest for substances in critical demand at the time.



with erratic functions. Over production of secretions may lead to protruding eyes, under secretion to obesity.

In the pancreas, the raw materials needed to concoct the necessary secretions are no longer available after refinements, hence the production of insulin, essential in the utilization of starches and sugar is greatly reduced or stopped entirely. Diabetes.

Next, the thyroid gland. Superimposed on it we find little bodies the size of peas, known as the parathyroid glands. Their function is to regulate the use of calcium in the body. As noted above the robbing of essentials for the production of its specific secretion is equally carried on by the lymph stream with ruthless efficiency from the small but so important regulators.

Arthritis sets in. Joints become painful (and the poor victim is advised that aspirin affords the only relief.) In some individuals, the disturbed calcium chemistry affects muscles and tendons. Rheumatism.

Another interesting problem has been connected to the eating of refined carbohydrates, particularly sugar. In Westernized countries, people are growing taller with decided changes in structure and sizes of the body frame. In America, as an example, children of immigrants from Europe are 1-2 in. taller than their parents. The following generation seems to perpetuate this direction of increased growth by becoming still taller. The feet absorb a generous share of this tendency toward bigness. It is even suspected that the size increase of the feet is out of proportion to the rest of the body. American tourists have difficulty buying shoes in So. America or China.

The increase of length to the bones brings more serious consequences in other regions. In the hip, the bones become longer in length but shorter in width. The female pelvis becomes slimmer, explaining the increasing difficulties encountered in childbirth in Western Civilizations.

Not so long ago, a test was made in which alarming indications of this bone change phenomenon were noted.

Several highschool boys and girls were placed against the wall, with their backs exposed, but heads covered up. The examining doctors could not tell which was what-there was not the slightest clue observed in the bodies pointing to male or female characteristics.

A Japanese nutritional expert, Dr. A. Katase, made experiments on animals over a period of ten years. The subject: Effects of refined sugar on growth, development and behavior of animals.

The findings were frightening. The bone structure became deranged, the long bones became longer, with similiar narrowing of pelvic shapes as observed in the high school experiment.

Regarding the composition of bones, degenerations were observed to greater or lesser degrees. A decided softening of bones was noted, in some cases bones being so soft that they could be easily scraped with a knife.

Katase proved that the human organism could accomodate a small amount of refined sugar, conditioned by the liver into glycogen. Any additional amount is immediately absorbed by osmosis into the circulation, to be converted to free carbonic acid. To keep the organism free of the corrosive action of this acid, calcium to be withdrawn from the bones for neutralization. Enlargement and degeneration of the para-thyroid glands go hand in hand in this process.

The calcium has to be leached out of the bones to control the over-acidity of the fluids and soft tissues. The disposition of the the extracted lime salts now assumes critical proportions. The material has to be shelved somewhere. Calcium carbonate, ruthlessly evicted from its household precipitates into the soft meshes of muscles, tissues, and vessels. Blood and lymph vessels become coated with the cementing agent.

Arterosclerosis - hardening and brittleness of vessels is underway. Arteries may easily burst; if damage occurs in the brain, we have a stroke, in the heart, a coronary occulsion.

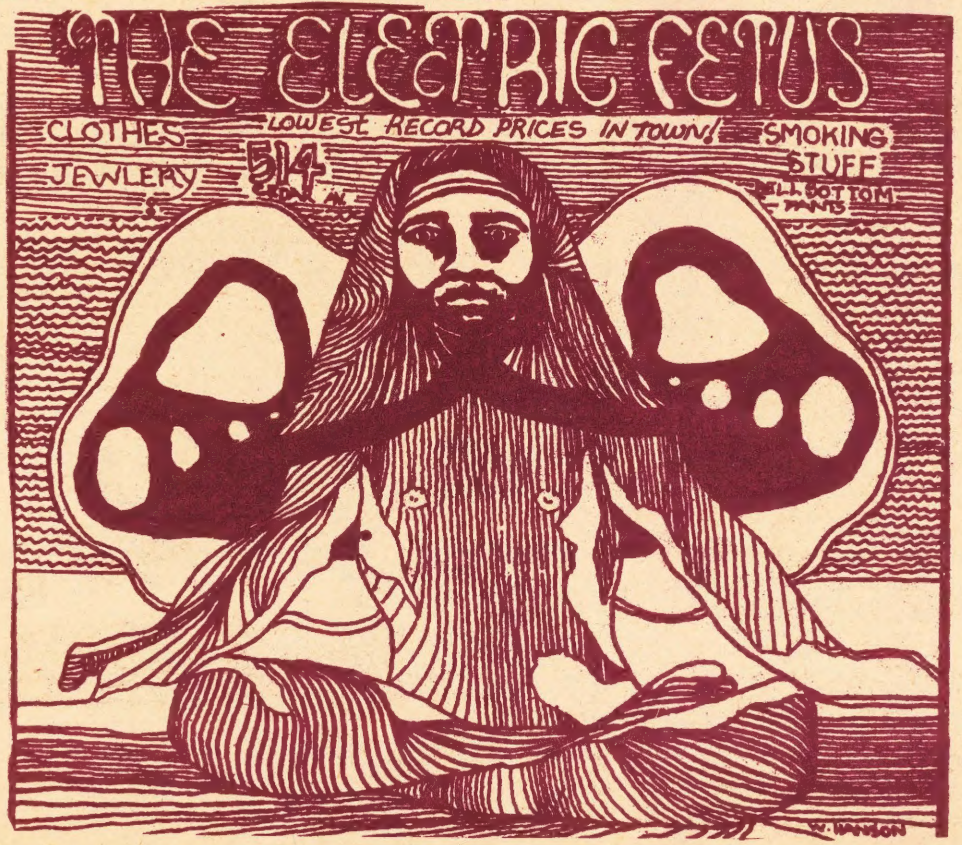
The amount of refined sugar which can be tolerated by the human organism is estimated to be less than 20 grams per day for an adult. A child weighing 40 pounds could handle 6 grams, an infant, 1 gram per day.

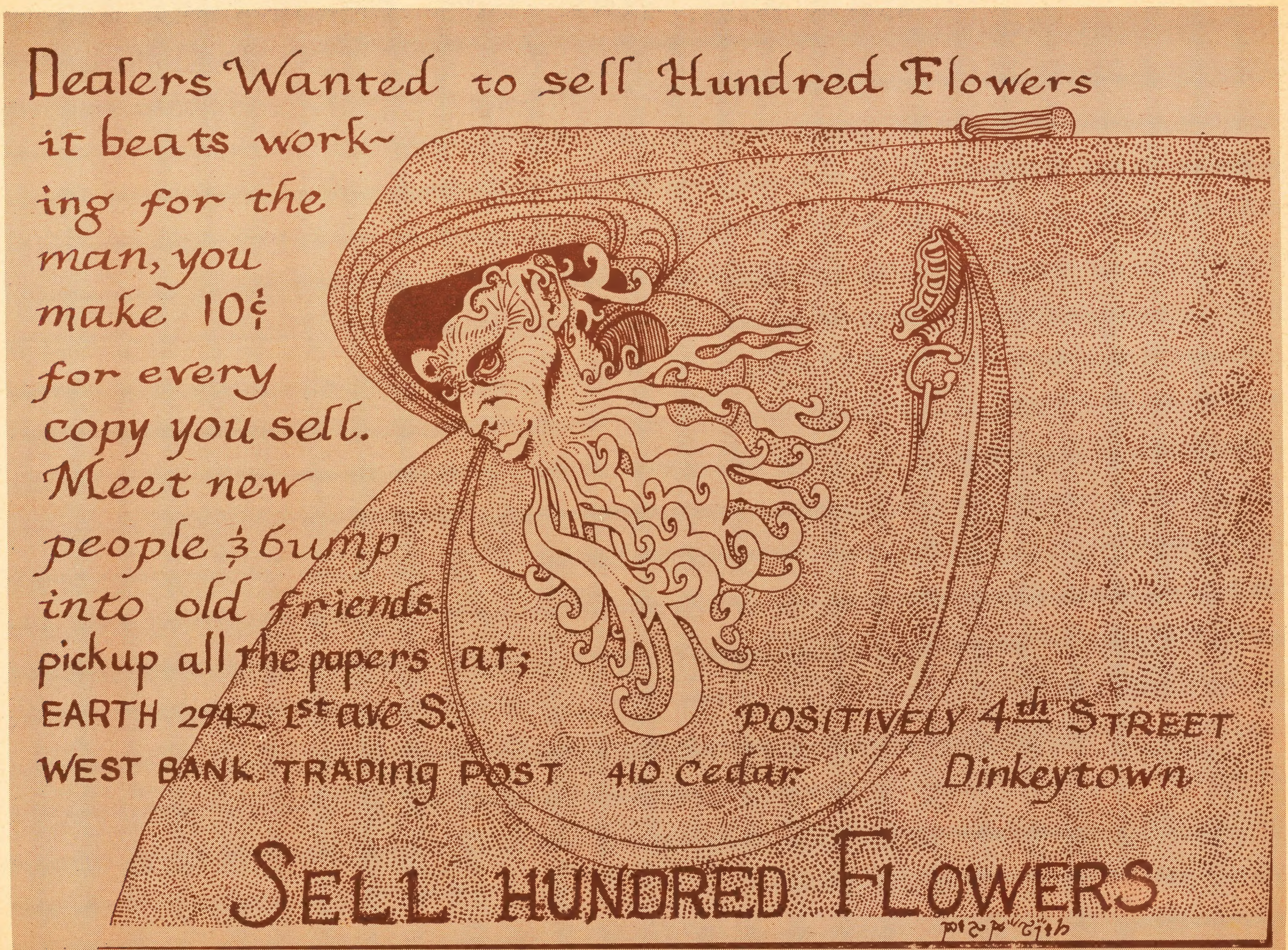
In America, the per capita amount consumed is 100 pounds annually. That puts daily use at 150 grams - 7 1/2 times the safety limit.

DON'T EAT REFINED SUGAR OR SUGAR PRODUCTS. Get rid of anything on your shelf that is not a natural food. It is well to remember that refined foods given to animals will result in degeneration and death. Why not to man

An excellent sweeting substitute for sugar is honey. Pure, unrefined unheated honey is a complete or whole food, thereby containing the "catalysts" necessary for food assimilation. It is also high in vitamin and mineral content.

EARTH
SWEET
EARTH
2942 1st AV SO MPLS





Dealers Wanted to sell Hundred Flowers

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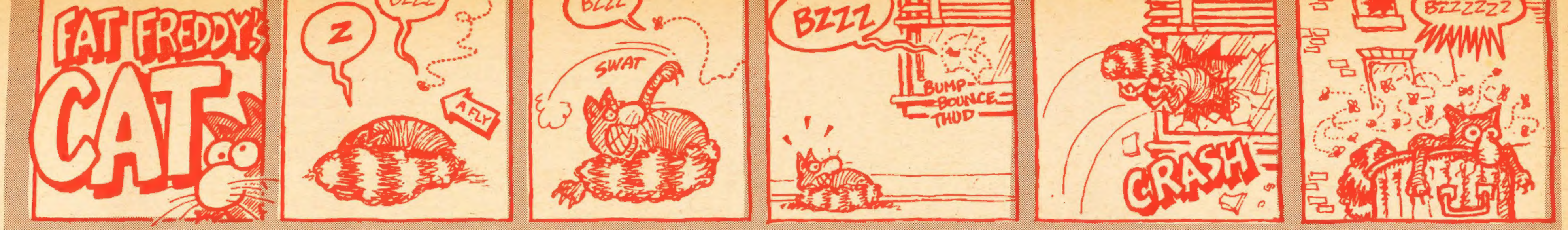

Bulletin Board.....

PEOPLE'S PANTRY NOW HAS BROWN RICE AT ABOUT 15¢ per pound.

HEY YOU THREE GUYS from the radio station in River Falls, call us back! The address book with your names and numbers in has been ripped off and we can't remember the call letters. HUNDRED FLOWERS, 824-4760, Warren.

IF YOU'RE INTO HEALTH and health foods, you'll be interested in attending the International Association of Cancer Victims and Friends, Inc. Be sure to ask about "Liatrol" an organic cure for cancer which comes from the seed of an apricot. BRING FRIENDS! Saturday, October 24, 1:30 at the YWCA.

FOR SALE: '61 Falcon Wagon. Must sell. 521-9985. Leave message.

WANTED: PEOPLE to help form a musical group with purpose of turning people on to Kosmic trip. Profit not an object. Call David Slyten 338-0326.

URGENT: NEED matresses, box springs blankets, sheets, book shelves, & coffee pots. Please call 336-2926 or contact the FREE STORE at 336-4240.

URGENT: HELP NEEDED in painting FREEPORT WEST, a home for runaways. The landlord and the building inspectors say that the livery stable in the back needs painting by the end of October or we get evicted. If you can help, call Joe or Nancy at 521-3227 and we'll arrange a day possibly on a weekend when we can getytogether with paint brushes and do it up.

Jerry Eid, please call Sandra, Everything' s cool, I just want to hear from you. 561-0015. Jerry has long brown hair, hazel eyes, 5' 10" tall, 145 lbs. If you know him please give him this message.

BABYSITTER NEEDED: My house or yours. Three to five nights a week til 11:30. Call 729-6004.

LOST: VALUABLE COSTUME from Cedar Theatre. Anyone having any information call 335-0339. Have not contacted police but may have to. We need them badly. Reward.

WANT TO GIVE AWAY cat who needs to live in the country. 2726 13th Ave. South.

Those nights up in the attic are getting longer, colder, and lonlier.

→ 16